

# Easy-to-Read Drug Facts

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## Spice (K2) Facts

Spice is an illegal drug usually made by spraying chemicals onto shredded dried plant materials or put in liquid form. The chemicals are similar to the ones in the marijuana plant that get people high. This is why people call it "fake weed," but it is not the same as marijuana. Spice may affect your brain more strongly than marijuana. You can't predict what will happen when you take it. The effects can be very serious and can even cause death.

Spice is usually smoked. Some people use a liquid form of it for vaping (like in e-cigs), incense, or even in a drink.

Some names of other similar products are:

- K2
- Black Mamba
- Herbal Incense
- Joker
- Kush
- Skunk



## Sign of Spice Use and Addiction

The chemicals used in Spice can change from batch to batch, so the effects can change too. Spice can make you happy or relaxed at first. But then you can start feeling really nervous, confused, or queasy. Your heart beats fast. You might see, feel, or hear things that you think are there when they're really not. You can start to feel afraid or angry, or you may think about ending your life.

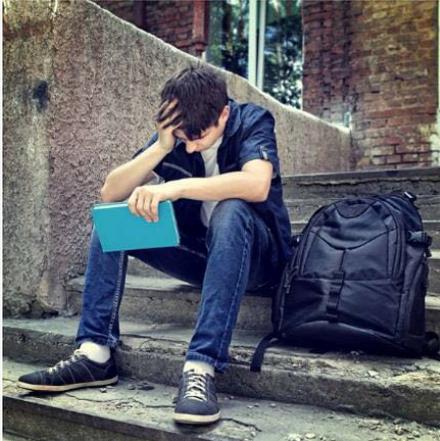
People who use Spice sometimes end up in the emergency room because of a heart attack, kidney damage, or seizures.

People who try to quit taking Spice might:

- have headaches
- feel anxious or depressed
- feel annoyed



## Effects of Spice on Brains and Bodies



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When the high from Spice wears off, you can have headaches or feel depressed.

These are some problems that Spice can cause:

### **You Feel Sick**

Spice can cause headaches. It can also make you throw up.

### **Heart Attack**

Spice can cause your heart to beat faster and your blood pressure to go up. This can give you a heart attack, which could lead to death.

### **Addiction**

You can get addicted to Spice after using it for a while. When the high wears off, you can have headaches or feel irritable, nervous, or depressed. You have strong cravings to take more Spice to feel good again.